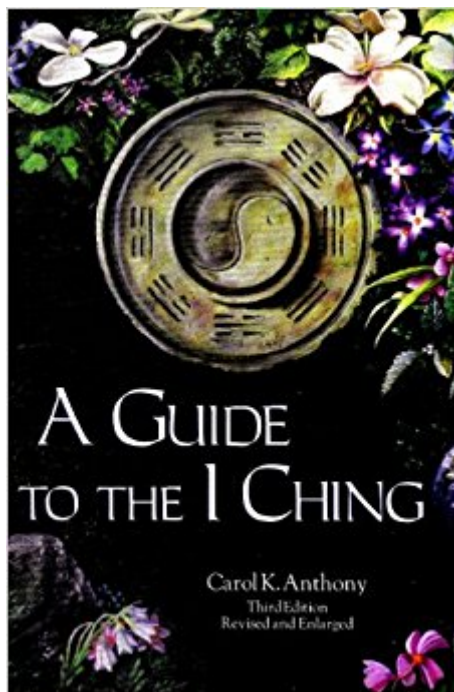


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# A Guide To The I Ching



## Synopsis

Used by its readers as an oracle, this book, based on the terminology used in the classic Wilhelm/Baynes translation, puts the I Ching into modern language. This allows its wisdom to be applied to the situations of everyday life. Decoded are words such as the superior and inferior man, and the inferiors, which refer respectively to the true self, the ego, and the bodily self. Expressions such as crossing the great water and seeing the great man are seen to mean getting past the danger of giving up on oneself, and remembering the potential for good in every person. Understanding such words and phrases occurs in the context of the reader's following his/her innermost feelings, since it is these that bring one into harmony with the ever-loving Cosmos and its protective powers.

## Book Information

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## Customer Reviews

I have several I ching books. I don't care for this one at all. Her answers are frustrating. Carol Anthony basically gives the same advice for each hexagram, Put your self into the hands of the

Cosmos & the universe will work things out for you. Hexagram 21 - Biting Through - " she advises that just by acknowledging someone has done you a wrong , once we acknowledge an evil element we turn it over to the Cosmos & it will work it out on your behalf. "Every other book I have read on #21 says until you need to "bite through " do something about an injustice or misunderstanding. If you do nothing the circumstances will remain the same. I remember when " the Secret " was the rage, all of these people were just waiting for good things to happen. Just send it out to the universe and good things will happen. Life does not work like that. If your car is broken you need to fix it or you will be without a working automobile. You have to study to get good grades, exercise to feel healthy... Just sending it out to the universe won't do you any good. I don't like giving a bad book review. There are good things too. This book was not for me.

Something about this interpretation really is completely understandable to me, and I have collected a few versions to get more understanding for myself from the Sage, whom I love and respect as much as God or the Creator (who dont communicate with me as much that I am as conscious of-ha!). I cant describe the book to do it justice because I dont do book reviews very well, and try to avoid doing them, most of the time. But I have to thank Carol for her brilliant insightful work here. She beats Carl Jung's understandings in my humble opinion. It just helps me much better than all of the other interps do. I did start with Wilhelm's, and for a quick and simple read I like Walker's also.

After following along with Ms. Anthony's book, I must say that it is a challenge, albeit sometimes a wonderful one, to follow along as she guides the way. She repeats the same themes regarding our inner selves, our ego, as well as our influence on other peoples inner children (their egos). I'll be using this book going into the future, but it is good to have more than one I-Ching book to keep from getting bored with one singular approach. "I Ching: The Book of Answers", by Wu Wei is another good one. At some points the "Guide" is filled with jargon and it is difficult to understand, because the definitions of words that she uses to relate back to the inner consciousness more often than not are different than the standard western definitions. Yes it is all English, but still, a difficult read. And I am not sure how the I-Ching works, as I'm just an amateur, so I make this comment only because I hope it is of some use. Having this book on the Kindle is really great. There is a Table Of Contents which is linked in to the various sections. I would recommend the Kindle edition for that reason, so you don't have to riffle through the book to find what you need.

I have been a student of the I Ching for over 20 years, and have familiarized myself with several

translations/versions. Anthony's stands out from the rest in that it is completely free of technicalities -- does not discuss the meaning of ideograms, the meanings of line placements, the place of the hexagrams in yearly cycles, the relation of trigrams to the five elements, etc. These matters are important if one is a serious student wishing to understand the entire system, but are confusing and misleading to those who are simply looking to the I Ching for guidance and direction. Ms. Anthony's achievement here is in distilling the essence of the spiritual and wisdom aspects of the I Ching and presents these lucidly and beautifully. The central themes of the power of inner truth, the need and means to achieve inner independence, the guidance of the Creative and developing receptivity to the movements of the Creative, and the relativity of the human ego, are accessible to anyone, and putting these ideas into practice yields great benefit. I highly recommend this book.

I've been using the Carol Anthony version of the I Ching on and off for years, and have read and journaled daily on it for nearly a straight year now. I note some here critique her as being too dour or opinionated, and initially I would have agreed with them somewhat. As I have persevered on the Path she points to, I no longer agree with that view. Instead, I am simply grateful for the reliable wisdom offered for the taking and consider this book a most treasured gift to my growth and that of those with whom I am connected. It takes awhile with these teachings to finally "get it," and I feel gratitude and freedom for not giving up even when it's been difficult and things didn't seem to jibe. Along with using this book, it is best to do I Ching meditation daily as described by Ms. Anthony. You may find softer footing on the Path if you do. Good wishes to all.

I love this book, have used it for years - my latest paperback has fallen apart. It took me a while to "get" this book, so when I 1st started to I-Ching, Brian Browne Walker was much easier for me to understand - until one day, I used this one again and it clicked - Perhaps its a bit wordy for a beginner. But that also could have just been me, where I was at that particular time in my life - Now, her words make sense and are easy to relate to.

I lost this book, lent it out, or something. I have several I Ching's, but this is a very good one.

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